

45th Phelps Sauerkraut 20K Road Race

Saturday, August 6, 2011

8AM Start

Where:

Phelps is located between Rochester and Syracuse NY on Route 96. From NYS Thruway (I-90) it is 9 miles east of Exit 43, or 4 miles west of Exit 42.



Registration:

Packet pickup at Fleet Feet Sports, 2210 Monroe Avenue, Rochester NY on Thursday and Friday, Aug 4-5, from 10AM until 7 PM

Fees:

\$23 pre-registration

\$26 race day registration

Race Day registration and packet pickup at Phelps Community Center, Main Street Phelps, from 6:45 AM to 7:45 AM

Awards: 5 year age groups to 80 years+. Awards to top 3 in each age category

Chip pickup Race Day Morning at Phelps Community Center for all runners

Course is certified to be accurate by USATF #NY95025AM

Race Application

Applicant Information

Full Name: _____ Sex M F
Last First M.I.

Address: _____
Street Address Apartment/Unit #

City State ZIP Code

Age _____ E-mail Address: _____

T-shirt Size: _____ (S, M, L, XL)

Check to [Phelps Sauerkraut 20K Race](#), mail to 26 Church St, Phelps, NY 14532

Waiver

I understand that participating in a road race is potentially hazardous. I will not enter and race unless I am medically able and properly trained. I agree to abide by any decision of any Phelps Sauerkraut 20K Road Race official regarding my ability to safely complete the run. I assume all risks associated with entering and running, including (but not limited to) contact with other participants, the effects of weather, traffic and the condition of the roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release any person associated with the Phelps Sauerkraut 20k Road Race in an official capacity, the Town of Phelps, the Villages of Phelps and Clifton Springs, Ontario County, the Phelps Sauerkraut Festival Committee, the Race Director, any and all sponsors and their respective officers, directors, agents and employees, their representatives and successors from all claims or liabilities arising out of my participation in this event.

Signature: _____ Date: _____
Parent or Guardian must sign if the application is less than 18 years old:
