



## Fitness Membership Information

### Packages and descriptions:

#### A Good Membership:

No guidance needed? No problem! Membership at this level includes use of all cardio and strength training equipment at your convenience. A complimentary walk-through and introduction of the facility with a personal trainer is provided. Please see front office to schedule walk-through.

<b>Individual</b>	\$235.00 Annual/Approx. \$19 per month	\$65 Quarter
<b>Husband/Wife</b>	\$450.00 Annual/Approx. \$37 per month	\$125 Quarter
<b>Student (Ages 12 -18)</b>	\$75.00 Annual/\$6.25 per month	\$25 Quarter
<b>Senior (65 and over)</b>	\$155.00 Annual/Approx. \$13 per month	\$45 Quarter
<b>College Student</b>	\$10 Month	<i>(Must show valid ID)</i>
<b>Daily Rate</b>	\$5	
<b>Monthly</b>	\$25.00	

#### A Better Membership

Meet with the trainer once a month and start moving in the right direction! This membership includes use of all cardio and strength training equipment at your convenience as well as a walk-through and introduction of the facility with a personal trainer. You will be able to meet with a trainer for a monthly accountability and planning session.

<b>Individual</b>	\$410.00 Annual /Approx. \$34 per month	\$105 Quarter
<b>Senior (65 and over)</b>	\$330.00 Annual/ Approx. \$27 per month	\$85 Quarter
<b>College Student</b>	\$25 Month	<i>(Must show valid ID)</i>
<b>Monthly</b>	\$40.00	

#### The Best Membership

This is the ultimate results membership! Meet with a trainer two times per month to plan your work-outs and stay on track. Membership includes use of all cardio and strength training equipment at your convenience as well as a walk-through and introduction of the facility with a personal trainer. Your two times per month training session will be one-on-one with your trainer and accountability will help you get the most out of your membership.

<b>Individual</b>	\$590.00 Annual/Approx. \$49 per month	\$150 Quarter
<b>Senior (65 and over)</b>	\$510.00 Annual/Approx. \$42 per month	\$130 Quarter
<b>College Student</b>	\$45 Month	<i>(Must show valid ID)</i>
<b>Monthly</b>	\$55.00	

#### Payment Information

We accept cash, check, or the following credit cards: MasterCard, Visa, and Discover. Any membership beyond 1 month can be paid monthly by an automatic charge to your credit card to help spread your cost over a longer period of time. Insufficient funds from a check payment will incur a \$30 fee.